

# JUST YOU SOLO TRAVEL PACKING LIST

Here are some items you may wish to consider for your tour. Please note this list is not exhaustive, nor are all items essential for every tour, it is intended as a guide only. We encourage you to carefully review your final documentation before your trip for any additional information pertinent to your trip.

## Clothing - Everyday wear

- Lightweight, breathable short-sleeve shirts or t-shirts (quick-dry fabrics ideal)
- Long-sleeve shirts (sun protection and cooler evenings)
- Comfortable trousers (especially for rural villages/religious sites)
- Shorts
- Smart-casual wear for dinners
- Light cardigan or fleece for air-conditioned coaches and cooler evenings
- Neutral coloured clothing (useful for game drives and certain wildlife spotting activities)

## Clothing - for cold/wet conditions

- Thermal base layers
- Warm hat
- Warm gloves
- Fleece jacket/warm layer
- Hiking boots/ good grip footwear
- Wool socks
- Scarf or neck warmer
- Waterproof trousers/overtrousers
- Dry bag

## Clothing - Footwear and accessories

- Comfortable and sturdy closed walking boots/shoes/trainers
- Sandals or slip-on shoes for casual wear
- Smart-casual shoes for evening dinners
- Sunglasses with UV protection
- Wide-brimmed sun hat/cap
- Light scarf or pashmina (useful for sun, air conditioning, dressier occasions and to cover up for cultural reasons)
- Day backpack or small crossbody bag
- Reusable water bottle
- Money belt or hidden pouch

## Clothing - Other

- Sleepwear
- Swimsuit (hotels often have pools)
- Light rain jacket or waterproof layer
- Scarf, pashmina or sarong to cover up

## Toiletries and Personal Care

- High SPF sunscreen (30+ minimum)
- After-sun lotion/aloe vera
- Insect repellent (for tropical, coastal and woodland locations)
- Lip balm with SPF
- Personal hygiene items
- Personal medications (in original packaging)
- Basic first aid kit (plasters, pain relief, stomach remedies)
- Hand sanitiser and wet wipes

## Electronics

- Camera, extra memory cards and batteries
- Binoculars
- Mobile phone and charger
- Headphones
- Travel kettle (tea making not available in all hotels or on all tours)
- E-reader or tablet (optional)
- Universal travel adapter

## Health and Comfort

- Reading glasses/contact lenses/solution
- Travel pillow for flights
- Eye mask/ear plugs
- Anti-bacterial wipes
- Small torch/headlamp
- Tissues

## Documents and Money

- Valid passport
- Travel insurance documents
- Printed tour confirmation
- Flight tickets/boarding passes
- Vaccination certificate (if required)
- Credit/debit cards
- Cash for tips and incidentals
- Photocopies of important travel documents (stored separately)

## Optional but useful

- Notebook and pen
- Zip-lock bags (for protecting electronics)
- Playing cards
- Packing cubes
- Water bottle
- Guidebook
- Snacks (buy in resort)

## Additional Items

Please consult final documentation to add any essential packing items below:

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Information last updated: June 2026. We encourage you to refer to your final documentation and to conduct your own packing list research.